# Red Cross Swim Lessons SUMMER 2015

The Plainville Park Department Swim Lessons are taught by American Red Cross Certified Life Guards. Lessons are offered daily in 1 week sessions to children four years old and older.

Lessons are scheduled between 8:30 a.m. and 12:30 p.m. rain or shine. Lesson times will be scheduled as each session fills and we will call you at least one week before the session begins to notify you of your time.

Classes are limited in size. Preschool and Level 1 will have up to 6 children per class. Levels 2 - 6 will have up to 8 children per class.

### Preschool & Level 1 Class

5 Lessons (30 minutes each) \$40/week Sign up for two weeks for \$70

#### Level 2 - 6

5 Lessons (40 minutes each) \$50/week Sign up for two weeks for \$80



#### INTRO TO SWIM TEAM

#### Lesson Dates:

Week 1:	June 29 to July 3
Week 2:	July 6 to July 10
Week 3:	July 13 to July 17
Week 4:	July 20 to July 24
Week 5:	July 27 to July 31
Week 6:	Aug 3 to Aug 7
Week 7:	Aug 10 to Aug 14
Week 8:	Aug 17 to Aug 21

## SWIM LESSON SIGNUP:

If your child took lessons last summer and you are a resident you can signup online beginning Wednesday, May 5th – June 10th Registration is not final until we receive your payment. You must include the level your child should be in and the week you would like to signup for.

If your child has not taken lessons before or if it has been more than a year you must have them evaluated. The only exception is 4 yr olds and they will be placed in a preschool class. **Evaluations** for lessons will be held on June 20th from 10AM to 1PM and June 22<sup>nd</sup> & June 23rd from 4 to 6 p.m. at the pool. If your child needs to be evaluated please call the park at (508) 695-5451 to schedule an evaluation.

This class will prepare you for competitive swimming. Endurance, technique and perfecting your strokes will be stressed. If you are thinking of going out for swim team this class will be a great introduction

Questions call (508) 695-5451